

Strengthening Families Program

**FREE to
Participate**

****must be Brunswick or
New Hanover County
resident****

**2.5 hour session
once a week for
7 weeks
5:30pm - 8:00pm**

Dinner provided

For more information
please contact:

Erin Ditta

editta@coastalhorizons.org

or

Meredith Lott

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Phone: 910-202-0840

Fax referrals to John Dail
910-202-0843

COASTAL HORIZONS
CENTER, INC.
PREVENTION SERVICES

Coastal Horizons Center Office
613 Shipyard Blvd., Ste 104
Wilmington, NC 28412
910.202.0840



Strengthening Families is a program designed for children and their parents to **enhance parenting skills, build life skills in youth, and strengthen family bonds.** Highly interactive sessions include **learning games, small group sessions, family projects, discussions and role-playing.**

Target Population:

10-14 year olds **AND** parent/guardian
*****must reside in Brunswick County*****

Length: 7 weeks (2.5 hour session per week)